Review

The family of iron responsive RNA structures regulated by changes in cellular iron and oxygen

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Abstract. The life of aerobes is dependent on iron and oxygen for efficient bioenergetics. Due to potential risks associated with iron/oxygen chemistry, iron acquisition, concentration, storage, utilization, and efflux are tightly regulated in the cell. A central role in regulating iron/oxygen chemistry in animals is played by mRNA translation or turnover via the iron responsive element (IRE)/iron regulatory protein (IRP) system. The IRE family is composed of three-dimensional RNA structures located in 3' or 5'

untranslated regions of mRNA. To date, there are 11 different IRE mRNAs in the family, regulated through translation initiation or mRNA stability. Iron or oxidant stimuli induce a set of graded responses related to mRNA-specific IRE substructures, indicated by differential responses to iron *in vivo* and binding IRPs *in vitro*. Molecular effects of phosphorylation, iron and oxygen remain to be added to the structural information of the IRE-RNA and IRP repressor in the regulatory complex.

Keywords. Iron, oxygen, mRNA regulation, IRE/IRP system, iron regulatory protein, iron-responsive element.

Introduction

Gene expression in eukaryotic cells depends on mRNA-protein complexes that couple nuclear transcription and cytoplasmic translation. Recent studies of endogenous mammalian ribonucleoproteins revealed that RNA-binding proteins are associated with discrete classes and unique subpopulations of mRNAs in a dynamic manner. A corollary is the sharing of *cis*-active sequences among functionally related genes that serve as targets of specific RNA-binding proteins

The IRE mRNA encodes proteins for iron traffic and iron/oxygen mineralization. Iron and oxygen are essential to aerobic life. Proteins with iron-containing cofactors participate in DNA synthesis, oxygen transport, electron transfer, nitrogen fixation, photosynthesis, scavenging of reactive oxygen species and the metabolism of organic toxins. Paradoxically, in the

^{[1].} These elements mediate coordinated posttranscriptional regulation of otherwise independent mRNA species. To date, at least 14 different mRNA *cis* element groups are known, located in 5' and 3' untranslated regions (UTRs) or the coding regions of the transcripts [1]. One of the better characterized representatives of such *cis* regulatory elements in mRNA is the iron-responsive element (IRE).

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presence of O₂, free iron also promotes the generation of free radicals that damage DNA, lipids, and proteins. Due to its dual effects, the acquisition, storage, utilization, and efflux of cellular iron are tightly regulated. A central regulatory role is played by the IRE/iron regulatory protein (IRP) system during mRNA translation/protein synthesis [2–4]. Engineered mutations in IRP1, IRP2, or spontaneous mutations in the IRE mRNAs disrupt iron metabolism and can lead to iron-related abnormalities, extensively studied in humans and mice [2].

Over the past several years, a number of comprehensive reviews have been published that focus on the combinatorial nature of the IRE/IRP family [5], or on the physiological role of IRPs and iron/oxidant signals [3, 4, 6, 7]. Ligands for the RNA repressors, such as heme or, in the case of one of the IRE repressors, IRP1, the [4Fe-4S] cluster, create a link between IRE regulation, iron, oxygen, or oxidant status. The transcriptional regulation of the genes, like the control of gene expression in response to oxygen by non-heme iron dioxygenases, such as HIF-1 α , is outside the scope of this work and is reviewed elsewhere [8-11]. Similarly, iron regulation of IRP activity and turnover has also been extensively reviewed [4, 6, 7, 12]. The ferritin IRE structure has been the most extensively studied, e.g., by crystallography, nuclear magnetic resonance (NMR) spectroscopy and nuclease probing. Many other IRE RNAs have been studied by some, if not all, the same approaches. In this review, we will focus on what is known about the structure and regulatory functions of the members of the IRE mRNA family.

IRE-dependent translational regulation

The posttranscriptional IRE/IRP control system for iron and oxygen metabolism has been observed in vertebrates, invertebrates, lower eukaryotes, and prokaryotes. In plants, however, iron metabolism is regulated at the transcriptional level only and neither IRE RNA nor IRPs have been detected [13-16]. When present, IRE structures regulate protein expression in two completely different ways. One mechanism is by controlling the abundance of mRNAs with rapid-turnover elements through IREdependent intervention in degradation; the other mechanism is by regulating rates of translation initiation of a discrete group of messages with IRE structures. The factor common to both mechanisms is IRE binding of a repressor protein, either IRP1 or IRP2. Key sequences and structures are conserved in all IREs. However, the phylogenetic conservation of the IRE in each mRNA is much higher (> 90%) compared to the conservation among IRE family members in different mRNAs of the same organism where sequence conservation is as low as 60%, suggesting additional selectivity for each RNA related to graded responses to iron or other signals [5].

A number of IREs are in the 3' noncoding region of mRNA, a region that often controls mRNA stability and, thus, rates of protein synthesis. To date, such IRE elements have been identified in four different genes (Table 1), the transferrin receptor 1 (TfR1), divalent metal transporter 1 (DMT1), human cell division cycle protein 14A (CDC14A), and myotonic dystrophy kinase-related Cdc42-binding kinase α (MRCK α). In the TfR1 mRNA, five IRE stem-loops form the IRE stability element [17–20], which is approximately 700 nucleotides (nt); TfR1 mRNA is the only known IRE mRNA with multiple IREs. TfR1 mRNA also contains an AU-rich element in the IRE region of the 3' untranslated region (UTR) that is common to a large family of short-lived mRNAs involved in growth regulation and cell proliferation [21] and promotes the deadenylation of the mRNA or, as in the case of TfR1, endonucleolytic cleavage [22]. IRP binding, which occurs in iron-deficient cells, increases the half-life of TfR1 mRNA to mediate increased protein production [23] and cellular iron uptake via Fe-transferrin. The effect of the IRE on the stability of DMT1, CDC14A, and MRCKα mRNA is little studied. In DMT1, the IRE occurs in only two of the four possible splice variants [24, 25]. While translational regulation of DMT1 by iron, as with TfR1, is dependent on the IRE in the 3'UTR of the mRNA, sequences inserted by alternate splicing elsewhere are also iron responsive [26, 27]. CDC14A and MRCKα were identified by sequence searches using bioinformatics, followed by cell biology studies. Both genes are involved in protein phosphorylation. CDC14A is a phosphatase that links iron metabolism and the cell cycle [28], while MRCKα is a Cdc42-binding kinase α related to cytoskeletal reorganization and appears to be involved in iron uptake via transferrin [29]. Since phosphorylation can regulate IRP activity [5, 30-32], it is tempting to speculate that in the future, a physiological relationship between the IRP kinase and phosphatase, and the activity of CDC14A and MRCKα proteins, coordinated through IRE-dependent mRNA decay, will be uncovered.

The IREs involved in translation initiation are found in the 5'UTR of the mRNAs. To date, seven different genes are known to contain IRE sequences in the 5'UTR (Table 1), ferritin H (FTH), ferritin L (FTL), mitochondrial aconitase (m-acon), ferroportin1 (FPN), erythroid amino levulinate synthase (eALAS), succinate dehydrogenase (SDH), and hypoxia-inducible factor α (HIF-1 α), recently detected

Table 1. IRE containing genes in eukaryotes.

Location in mRNA	Gene name	Protein	Function in iron metabolism	References
Degradation	: IRP represses mRNA nucle	eolytic turnover ¹		
3'UTR	TFRC	transferrin receptor protein 1	iron acquisition	17, 18, 23, 37
	DMT1/DCT1/ SLC11A2/ NRAMP2	divalent metal transporter 1	iron acquisition	24, 26
	CDC14A	dual-specificity protein phosphatase CDC14A	?	28
	CDC42BPA/ MRCKα	myotonic dystrophy kinase-related Cdc42-binding kinase α	?	29
Initiation: IR	P represses mRNA translati	on initiation		
5'UTR	FTH1/FTH/ FTHL6/PIG15	ferritin heavy polypeptide 1	iron concentration and storage	35, 54, 131, 132.
	FTL	ferritin light polypeptide	iron concentration and storage	35, 54, 131, 132.
	ALAS2/ ALASE/ASB	drythroid 5'-aminolevulinic acid synthase	iron utilization	41, 42
	SLC40A1/ FPN1/IREG1/ SLC11A3	ferroportin	iron efflux	43-45
	SdhB/SDH	succinate dehydrogenase subunit B from Drosophila melanogaster	iron utilization	46,48
	ACO2/acon	mitochondrial aconitase	iron utilization	42, 46, 133
	EPAS1/HIF-1α	endothelial PAS domain, hypoxia-inducible factor $1\text{-}\alpha$	transcription changes in response to hypoxia	33

¹ Shown experimentally only for the TfR1 mRNA.

using bioinformatics before translational regulation was revealed [33]. In contrast, the ferritin IRE, the oldest known, was observed by translational regulation [34] before the IRE sequence was identified by comparison of cloned sequences [18, 35-37]; the ferritin IRE remains the most studied. In both ferritin subunit mRNAs, FTH mRNA and FTL mRNA, the IRE is located close to the cap; FT IRE function is lost if the distance is more than 60 nt from the cap [38, 39]. When IRE RNA is bound by IRP under low-iron conditions, the proximity of the IRE/IRP complex to the cap and cap-binding complex eIF4F prevents translation initiation by blocking contact between eIF4F and the 43S ribosomal subunit [40]. The physiological result is inhibition of ferritin protein synthesis, which minimizes sequestering iron in the mineral concentrate during phases of high iron demand. eALAS mRNA translation is also regulated by inhibition of ribosome binding under low-iron conditions (high IRP repression), which reduces rates of heme biosynthesis [41, 42] and incorporation of iron into heme. Another IRE is located in the 5'UTR of the FPN mRNA, which controls the synthesis of the iron efflux protein on the basolateral side of the gut. The FPN IRE binds IRP in vitro [41, 42], but further studies are required to determine directly the role of the IRE in FPN synthesis and to understand the apparent tissue-specific contributions to iron regulation of FPN [43-45]. Two genes encoding mitochondrial proteins in the citric acid cycle have 5'UTR-IRE mRNAs: the iron-sulfur protein subunit of SDH in *Drosophila melanogaster*, and aconitase in mammals [42, 46–48], linking iron, oxygen, and energy metabolism.

Similarities of RNA structure among the IRE mRNA family members that confer recognition by IRP are complemented by gene-specific, conserved IRE sequence differences that coincide with a range of iron responses in vivo [49] and a range of IRE/IRP stabilities in vitro [26, 50]. The IRE context also varies among IRE family members. For example, in FTH and FTL mRNAs, which have large responses to iron signals, the IRE is flanked by sequences that base pair. The base pairs in the ferritin IRE-flanking region influence the magnitude of iron regulatory effects [51, 52]. Another example is m-acon, where the IRE contains the AUG translation start codon [47]. Recent data suggest that the Alzheimer's amyloid precursor protein (APP) mRNA is regulated by a divergent IRE sequence (IRE type II) in the 5'UTR of the transcript

Many of the genes regulated by the IRE/IRP system function in the steps of iron metabolism that are closely interwoven with oxygen metabolism. For example, in ferritin, Fe^{2+} is coupled to O_2 to be stored as a hydrated ferric oxide mineral inside the protein shell [54]. m-acon and SDH participate in the tricarboxylic acid cycle, an important part of the sugar oxidation pathway in aerobic organisms. Moreover, SDH is also part of the respiratory chain where electron flow to molecular oxygen drives ATP synthesis. Another example is HIF- 1α , recently shown to

have an IRE mRNA [33]. HIF- 1α encodes a transcription factor that controls expression of genes induced by hypoxia and emphasizes the regulatory connections between iron and oxygen homeostasis. Still another IRE is found in the mRNA of one of the heme biosynthetic enzymes catalyzing the rate-limiting step, eALAS. Finally, IRE mRNAs, such as TfR1, FPN, and DMT1, encode proteins that participate in iron traffic crucial for the synthesis of iron and heme proteins.

In specialized cell types and tissues or under abnormal conditions, the 'normal' IRE/IRP mechanisms that coregulate iron uptake (TfR1, DMT1) and iron efflux/ storage in opposite directions are bypassed [55-60]. For example, maturing erythroid cells accumulate iron by upregulating both transferrin receptor and ferritin, before heme and globin synthesis are expanded, and use the ferritin iron for heme synthesis [61, 62]. In later phases of erythroid maturation, expression of TfR1 is sustained, expression of ferritin repressed, and synthesis of eALAS increases for efficient hemoglobin production [63]. In addition, in mouse liver, when the putative mitochondrial efflux protein Abcb7 ATPase was functionally deleted, iron accumulated and both TfR1 and ferritin were upregulated [64] in order for TfR1 to increase iron uptake and to create an iron reserve for the entire organism.

The IRE/IRP system is usually described as a feature of animal cells, although IRE-like sequences have been identified in bacteria as well. Bacillus subtilis was shown to contain aconitase that could bind to rabbit ferritin IRE and to IRE-like sequences that were located in B. subtilis operons encoding the major cytochrome oxidase and an iron uptake system [65]. Moreover, an analogous mRNA/aconitase interaction was linked to efficient sporulation of *B. subtilis* [66]. Finally, Escherichia coli aconitases A and B bind to stem-loop structures in the cognate mRNAs, stabilizing them during oxidative stress [67, 68]. In the case of aconitase B, switching between the catalytic and mRNA-binding modes of protein activity was mediated by iron availability [69]. Such RNAprotein interactions in bacteria and animals could indicate an ancient origin for regulation of proteins important in iron and oxygen metabolism that was lost in plants after plastid infection [15], or may reflect the independent evolution of mRNA regulation for analogous proteins in animals and contemporary bacteria.

IRE structure

Stabilities of IRE/IRP complexes are in the picomolar range, much more stable than typical enzyme-sub-

strate complexes. Sequence comparisons of different animal IREs and 'footprinting' reveal that the IRP-binding site is about 30 nt long [26, 50, 51]. In spite of the fact that all IRE sequences bind IRPs, and have high phylogenetic conservation for each mRNA (>95%), differences among the IREs in a single organism range from 36 to 85% [5,70]. Secondary and tertiary structures of IRE RNAs have been determined by mutagenesis, nuclease and chemical probing *in vitro* and *in vivo*, as well as by solution NMR [71–81].

The conserved structural features of all members of the IRE family are a double-stranded RNA helix of 9– 10 base pairs with a terminal hexaloop, -C₁₄AGUGU/ C_{19} -, and an unpaired C_8 residue in the helix creating a five-base-pair upper stem and a lower stem of variable length (Fig. 1). In the terminal loop, C_{14} and G_{18} are base paired and create a pseudotriloop of -A₁₅G₁₆U₁₇-[71, 74, 76, 77, 82–84]. Sequence and base pairing around the unpaired C₈ residue varies among different IREs, separating IRE mRNAs into two groups, one with an isolated, unpaired C, and the other with an internal loop constructed from the unpaired C₈, an unpaired base at position 6, 5'UTR to the unpaired C, and an additional paired base between them (Fig. 1) [19, 77, 79]. Helix distortion around the conserved C_8 residue plays an important role in selective repressor binding, especially for IRP2 [19, 26, 78]. For example, the ferritin IRE and the TfR1 IRE, which in the native context of four other IREs has a large helix loop like the ferritin IRE, form complexes with IRP1 and IRP2 that have comparable stability [19]. In contrast, the IREs from eALAS, DMT1, FPN, m-acon mRNAs, or an isolated, single IRE from TfR1 mRNA, all contain a single C bulge and form complexes with IRP2 that are much less stable than complexes with IRP1 [26, 50]. Several of the newly discovered IRE mRNAs, e.g., HIF-1 α [50, 78], have a predicted structure within bulge/loops analogous to the ferritin IRE, but structural information is incomplete. The importance of helix structure around the unpaired C₈ is illustrated by the effect of deleting a single unpaired U₆, characteristic of ferritin IRE RNA, which decreases the stability of the IRP1 and IRP2 complexes significantly, with the consequence of decreasing translational repression [50, 78].

Variation among members of the IRE-RNA family also includes IRE context. The influence of IRE context on IRP repressor binding is particularly clear for TfR1 mRNA [19, 20]. Even though the predicted secondary structure of the TfR1 IRE is a single, unpaired C bulge in the helix, in the native context of multiple IREs and connecting linkers, an internal loop was detected by chemical nuclease probes. In addition, IRP1 and IRP2 binding were equal, con-

2949

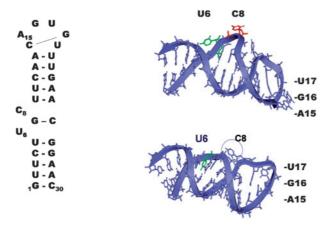


Figure 1. Comparison of a ferritin IRE RNA in free solution and complexed to a protein repressor IRP1. Secondary structure of the IRE (left) shown in the NMR, and crystal structures (right). The 30 nt long IRE RNA used is the ferritin H (frog) with the ferritinspecific unpaired U6 that increases IRP2/RNA stability [76]. The crystal structure of an IRE RNA is shown (top right) complexed in the IRP1 complex using data from Walden et al. [84] pdb file2IPY. The NMR solution structure of the free IRE RNA is shown (bottom right) to facilitate comparison of changes in RNA conformation induced by protein binding. A15, which is stacked over the helix in the free RNA (NMR), is flipped out in the IRP1 complex with U17 capping the base stack of the helix; the unpaired C8 is disordered (blue circle) in the free RNA and could be modeled in any position, flipping in and out of the stack. By contrast, C8 (red) is in a pocket of IRP1 in the protein/RNA complex (crystal). U6 (green), which is ferritin IRE specific and important in IRP binding [65], is ordered both in free RNA and in the crystal of the IRP repressor complex, but changes conforma-

trasting with a single Tfr1 IRE-RNA [19]. IRE flanking sequences serve an important role in ferritin mRNA as well, where, unlike other IRE-family members, the flanking sequences are complementary and base pair to elongate the IRE regulatory region from the 30 nt to a 55 nt structure. The length of the base-paired flanking region differs among different ferritin mRNAs and is roughly proportional to the distance between the cap and the IRE. Together, the IRE plus flanking base pairs place the IRE regulatory structure 10-20 nt from the m⁷G cap, a distance associated with effective translation regulation [51, 52, 71]. Upon IRP binding to ferritin IRE, the flanking regions increase their helicity (RNAse V1 accessibility), indicating structural integration between IRE and the flanking region helix [51]. In addition, a set of three base pairs is embedded within the flanking region helix and is phylogenetically conserved in higher vertebrates; when the flanking region base pairs are mutated, IRP repression is decreased [52]. The sequence of the triplet of base pairs differs between FTL and FTH mRNAs, indicating a potential for differential regulation of the two subunits of ferritin, which are expressed in tissue-specific concentrations [85], at ratios which differ markedly from the FTH-FTL protein ratio [86].

Structural and functional variations among IRE members defined by RNA solution studies, complemented with in vitro protein binding, translation in vitro, translation regulation in tissue culture, and in whole animals [49-51, 71-83, 87, 88], lacked structural information on the RNA:protein complex. Recently, FTH IRE-RNA was successfully crystallized in a complex with IRP1 [89] and the X-ray crystal structure solved [84]. The results show that the basis for the high selectivity of IRE RNA/IRP protein interaction resides in two spatially separated binding sites, at the terminal loop and unpaired C in the helix, indicated as important by the earlier studies. Each site involves a very large number of contacts between the RNA and protein. The presence of two RNA-binding sites in a single protein, as for IRP1, is relatively rare, except among tRNA synthetases [90].

A number of changes occurred in the RNA structure complexed to the IRP1 repressor protein. First, terminal loop residues A_{15} and G_{16} were extruded from the IRE molecule and extended into a large protein cavity, with U_{17} completing the helix stack (Fig. 1). In solution, by contrast, A_{15} was stacked over the C_{13} - G_{18} base pair, and G_{16} with U_{17} were disordered. At the second RNA-binding site, the unpaired C_{8} in the helix, which was disordered in free RNA in solution [76, 77], was extended completely away from the stem and inserted into a protein pocket, while unpaired U_{6} , which was stacked in an RNA cavity of the free RNA, was flipped out toward the protein surface in the IRP1 complex (Fig. 1).

Differences between terminal loop and C bulge solution conformations and the conformation adopted in the IRE/IRP complex indicate a mutually induced fit mechanism of binding [84]. In the protein/RNA crystal, IRP1 is bound to a convex surface of the IRE-RNA, assuming an L shape, and leaving the concave surface of the RNA exposed, possibly for long-range interactions with RNA or protein.

The importance of correct IRE stem-loop sequence and structure is exemplified in the human genetic disorder hereditary hyperferritinemia-cataract syndrome, which arises from point mutations or deletions within the IRE or flanking regions in the FTL 5'UTR. The result of the IRE mutations is increased rates of FTL translation and the accumulation of excess protein [91, 92]. The mutations clustered in the terminal loop and within the helix loop of FTL IRE affect IRP repressor binding. Stronger clinical symptoms, i.e., higher serum ferritin levels and early occurrence of FTL crystals in the lens [92, 93], were correlated with the quantitative variations in IRE/IRP complex stabilities. If similarly altered IRE regulation

could occur in patients with iron overload from transfusion therapies of hemoglobinapathies, such as sickle cell disease and thalassemia, an increase in ferritin synthesis could be beneficial. The development of small molecules that selectively disrupt ferritin-IRE/IRP binding, like those recently described [94], have such therapeutic potential.

IRP1 and IRP2 proteins

The IRE RNA proteins, IRP1 and IRP2, that repress either mRNA translation (IRE 5'UTR) or mRNA degradation (IRE 3'UTR), are homologous to aconitases, which are found in a wide range of organisms, including bacteria [65, 95, 96], plants [97, 98], vertebrates, and invertebrates [99–101]. In animal models with ablated IRP1 or IRP2, Irp2-/- mice have neurological and hematopoietic defects [102-104] that become more pronounced in Irp1+/- Irp2-/- double mutants [105]. IRP1 deletion causes no detectable changes, indicating that IRP2 can functionally substitute for IRP1, but the detectable, albeit milder phenotype with Irp2--indicates that IRP1 can only partially substitute for IRP2. Complete loss of both proteins is lethal [106]. Oxygen affects IRP function, exemplified by changes in IRP2 activity when oxygen levels change in cultured cells [107, 108], and destabilizes the FeS form of IRP1 (c-acon) as discussed below. IRP protein regulation has been extensively reviewed [3, 6, 7] and is discussed only briefly here, except as related to RNA interactions.

IRP1 is a bifunctional protein with cytosolic aconitase (c-acon) and RNA-binding activities that are mutually exclusive [109-113]. Aconitase activity in c-acon/ IRP1 requires the presence of an [4Fe-4S] cluster, while the apo-protein binds to RNA. IRP2, unlike IRP1, which shares 65% sequence identity (75% similarity), lacks the ligands to form an [Fe-S] cluster, and thus lacks the potential for aconitase activity [114, 115]. The predicted structures of IRP1 and IRP2 are similar, based on 'generic' aconitase structures, with three domains, and a linked fourth domain; IRP2 has an additional 73 amino-acid insertion near the N terminus. Confirmation of the structure prediction for an [Fe-S] complex of IRP1 has been recently obtained from a crystal structure of [Fe-S]-IRP1 (c-aconitase) [116]. IRPs are ubiquitously expressed, though under physiological conditions IRP2 expression predominates over IRP1 expression in most tissues, and when IRP1 is abundant, it is mainly in the aconitase form [19, 102, 117].

A number of mechanisms for IRP turnover or regulation are shared by IRP1 and IRP2. For example, recent evidence shows that an [Fe-S] cluster-free IRP1

undergoes iron-dependent degradation as for IRP2 [6 31, 32, 115, 118–121]. The degradation of both IRP repressors is also stimulated by heme [122,123] that, in addition to serving as an iron source, can bind IRPs directly to target degradation [124]. Furthermore, phosphorylation regulates IRP1 and IRP2. IRP1 is phosphorylated preferentially in the apo-protein form [125], which blocks formation of c-acon and enhances accumulation of the RNA-binding form; phosphorylation of S138 also destabilizes [Fe-S] clusters [126], which can increase the IRP1 pool size. In the case of IRP2, phosphorylation increases IRP2 binding to RNA two-fold [30]. The fact that protein kinases can modulate IRP1 and IRP2 activities links IRE/IRP regulation to signals that control many fundamental aspects of cell biology. A recent addition to the IRE family, MRCK α , is a serine/threonine kinase [29], and another new IRE family member is CDC14A, a cell cycle phosphatase [28]. Such IRE mRNAs emphasize the connection of the IRE/IRP regulatory family to other phophorylation/dephosphorylation systems. It may be that the 'iron signal' causes modification of surface and trafficking of proteins in analogy to other signal transduction pathways.

Reactive oxygen species $O_2^{\bullet-}$ and H_2O_2 , or reactive nitrogen species such as NO or ONOO, disrupt the [Fe-S] cluster in c-acon, providing another set of signals that change the distribution of the IRP1 peptide between catalytically active and RNA-binding conformations. The distribution change has often been observed at the high dioxygen levels commonly used with cultured mammalian cells [reviewed in 6]. At physiological oxygen tensions (~3%), where cacon is stable, and IRP2 RNA-binding activity increases relative to the higher dioxygen concentrations used in tissue culture [102, 108], IRP2 will be the dominant regulator [19, 102]. IRP1 expression appears to dominate in conditions where [Fe-S] cluster synthesis/stability is inhibited, such as extreme iron deficiency, e.g., treatment with iron chelators, defective [Fe-S] cluster assembly/repair machinery, or in the human neurodegenerative disease, Friederich's ataxia [127, 128].

Many models of the coincident changes in c-acon and IRP1 RNA-binding activities include a direct conversion of the [Fe-S]/protein complex (c-acon) and the RNA/protein complex. Recent crystal structures of both [Fe-S]/c-acon and IRE/IRP complexes suggest that the direct conversion from one protein conformation to another may be only one of several appropriate models, since comparisons of IRP1 protein in two complexes, FeS and RNA bound, reveal major structural differences in the protein (Fig. 2). The wide distribution of RNA contacts along the linear IRP1 polypeptide explains the absence of RNA

2951

Figure 2. Differences in domain positions between c-acon and the IRP1/IRE RNA complex. The figure is from Walden et al. [84]. Domains 1 (dark green) and 2 of c-aconitase (light green) (left) correspond to the core in the IRP1/IRE complex (fused yellow and green sections) (right). The two molecules are displayed in the same orientation to show the displacements of domains 3 (blue/purple) and 4 (red). If the c-acon and IRP1 are in 'equilibrium' as proposed in some models, domains 3 and 4 might pivot in the direction shown by the arrows; arcs show the possible motion of the centers of mass of domains 3 and 4 in the 'switch' model. In the IRP1 complexed with the ferritin IRE, there is no long interface between the red and blue protein domains of c-acon, and the contact between the green and blue domain of c-acon is absent. Such differences suggest an alternative model to the "switch" model from c-aconitase to IRP1, supported by the disordered structure of the apo-IRP1 in solution [129], where the [Fe-4S] and RNA structures of IRP1 may reflect alternate folding pathways of the polypeptide.

binding by IRP1 subdomains or short peptides. In the RNA/protein complex, two of the domains in c-acon (1 and 2) are folded into a single domain in IRP1. Two other contiguous, c-acon domains (3 and 4) are separated by more than 30 Å in the RNA complex, with the elimination of any contacting surfaces (Fig. 2) [84, 116]. Moreover, many of the ligands of the active site in c-acon are in different conformations in the RNA complex, becoming part of the cavity which contributes numerous bonds to the extruded A₁₅ and G₁₆ bases of the IRE-RNA terminal loop.

Crystals of the apo-IRP1 protein, without either the IRE-RNA or [Fe-S] cluster, have been elusive, making the resolution of the structural relationships among polypeptide, IRP1 and c-acon conformations difficult. However, circular dichroism and small angle X-ray scattering demonstrate that IRP1 without either [FeS] cluster or IRE RNA is a less organized protein structure than in either c-acon or the RNA/ protein complex [129, 130]. Such data emphasize the importance of considering, as an alternative to the model of a direct equilibrium between the [Fe-S]/cacon and IRP1/IRE complexes, alternate folding pathways for the less organized apo-IRP1 that are induced by either the [Fe-S] cluster or IRE RNA.

Summary and perspective

Synthesis of key enzymes and transporters of iron and oxygen is regulated by the interplay between noncoding mRNA structures and repressor proteins that

either inhibits translation or mRNA degradation. Diversity of IRE substructures among IRE mRNA family members, coupled with tissue-specific, or even cell-type-specific expression of IRP repressor proteins, coupled with levels of phosphorylation, and a variety of cellular signals such as iron, oxygen, and cytokines, create a combinatorial array of interactions [5]. The different combinations of RNAs and proteins with or without phosphorylation generate the observed quantitative range of mRNA-specific signal responses within each cell [49]. The IRE RNA structural basis for the graded responses appears to relate, at least in part, to RNA structural variations in the IRE helix bulge, to IRE base pair sequences, and to IRE context. Numerous bonds between the protein and ferritin IRE RNA occur at both the RNA terminal loop and the mid-helix bulge contacting IRP1 protein sites that are separated by 30 Å. Potentially, alternative IRP1 configurations exist that bind the single unpaired C site compared to the bulge loop in the recent crystal structure. The structural differences between IRP1 and IRP2/IRE RNA complexes are questions for the future. Another unsolved problem is how previously repressed mRNAs reenter the translation cycle, and how or whether IRP is released from mRNA or moves out of the way for incoming ribosomes. Since in a ferritin IRE/IRP1 crystal structure, a surface of the RNA is exposed, other protein- or RNA-binding partners may contribute to the observed translational regulation. Such novel macromolecular interactions could explain why under some specific conditions, like differentiating erythroblasts, or heavily iron-loaded hepatocytes, the 'standard' IRE/IRP regulation is bypassed.

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